APMG Change Management Foundation and Practitioner Training

Duration: **5 Day**

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Overview

75% of learners would recommend this course.

- **Develop the confidence to lead organisational change using established methods and practical techniques.**
- **Designed for change managers and project managers working across complex transformation initiatives.**
- **Benefit from our partnership with APMG International, spanning more than 15 years.**

The **APMG Change Management Foundation and Practitioner Training** provides professionals with the knowledge, approaches and practical skills needed to manage organisational change, transition and transformation effectively. Recognised by APMG International as a leading certification for professionals involved in organisational change, the programme examines how change affects both organisations and the people within them.

Through an interactive learning experience, participants explore **individual and organisational responses to change**, **stakeholder engagement**, **effective communication**, **change leadership** and the techniques change managers use to support the successful implementation of transformation initiatives.

This **5-day training programme** consists of a **3-day Foundation course** followed by a **2-day Practitioner course**. Participants receive a digital copy of the latest **APMG Change Management v3 Study Guide**, additional learning resources designed to reinforce their understanding, and access to both the **Foundation and Practitioner certification examinations**.

Expert trainers from **Bilginç IT Academy** guide participants through a combination of learning resources, practical activities and interactive discussions. The participative training approach helps learners strengthen their knowledge and develop skills they can apply to real organisational change situations.

Prerequisites

There are **no formal prerequisites** for attending this training. However, previous involvement in organisational change initiatives may help participants gain additional value from the concepts and techniques covered.

Pre-course Preparation

Participants are provided with learning materials to help them prepare for the training sessions and make the most of the learning experience. These resources include:

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- **Study guidance** to support effective preparation
- **Summaries of key topics** to improve understanding, knowledge retention and participation
- The **case study** used throughout the training
- **Self-assessment questions** to evaluate existing knowledge
- Early access to the **211-page official APMG Change Management Study Guide**

Who Should Attend

This training is suitable for professionals who are involved in**organisational change, transition or transformation**, as well as individuals seeking to develop their expertise in change management.

It is particularly relevant to:

- **Change Managers**
- **Business Change Managers**
- **Project and Programme Managers**
- **Senior Responsible Owners**
- **Operational and Line Managers**
- **Human Resource Managers**
- **Change Agents**
- **Team members involved in change initiatives**
- Professionals pursuing **APMG Change Management certification**

The programme is also appropriate for anyone interested in understanding the principles of successful organisational change or contributing more effectively to the design, development and delivery of transformation projects and programmes.

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What You Will Learn

In an increasingly complex and rapidly changing business environment, the ability to**implement and sustain organisational change** has become an essential capability for organisations.

By completing this training, participants will be able to:

- Understand the **fundamental principles and approaches of organisational change management**.
- Analyse how **individuals and teams respond to change**.
- Develop approaches for effective **stakeholder engagement and communication**.
- Assess **change impacts and potential sources of resistance** .
- Strengthen their understanding of **change leadership, coaching and conflict management**.
- Apply techniques that support the **implementation and sustainability of transformation initiatives**.
- Prepare for the **Foundation and Practitioner examinations**, with the opportunity to achieve internationally recognised APMG Change Management certifications.

Insights from an APMG Survey

According to respondents to a survey conducted by APMG:

- **98%** reported that Change Management training had helped them become better change managers.
- **46%** believed that Change Management certification had improved their earning potential.
- **97%** stated that the training had increased their confidence in managing change.

The **APMG Change Management Foundation and Practitioner Training** offers a comprehensive learning experience for professionals seeking to take a more active role in organisational change, contribute to successful transformation initiatives and strengthen their professional credentials through internationally recognised certification.

Outline

The training follows the **APMG International Change Management syllabus** and covers the following areas.

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1. Organisational Context and Approach

- **Setting the scene for organisational change**
- **Structuring an effective change management approach**

2. People and Change

- **Understanding human responses to change**
- **Exploring human motivation and the factors that influence behaviour**
- **Introducing the relationship between learning and change**

3. Change Leadership and Teams

- **Leading people through organisational change**
- **Understanding and managing teams during change**

4. Stakeholder Engagement and Communication

- **Developing and managing stakeholder engagement**
- **Communicating effectively throughout change initiatives**

5. Work of the Change Manager

- **Assessing change impacts and their severity**
- **Understanding and managing resistance to change**
- **Applying Change Analytics**

Practitioner-only Topics

The Practitioner stage builds on the knowledge developed during Foundation and introduces additional topics, including:

- **Building momentum and sustaining organisational change**
- **Developing competence and supporting learning for change**
- **Using coaching to support change initiatives**
- **Managing conflict during organisational change**
- **Applying facilitation techniques for co-design**