# Critical Thinking & Effective Decision Making Training

Duration: **1 Day**

BİLGİNÇ IT Academy
info@bilginc.com
bilginc.com

## Overview

Every decision we make shapes outcomes in business and life. However, not all decisions are rational or beneficial. This training provides participants with the tools to analyze situations with a critical mindset, separate emotions from logic when necessary, and make effective, well-founded decisions. It includes hands-on exercises and real-world applications.

## Who Should Attend

- Middle and senior-level managers
- Professionals involved in planning and strategy
- Anyone who wants to enhance critical thinking skills

## What You Will Learn

- Ability to think critically and logically
- Coping with uncertainty
- Understanding decision-making profiles
- Developing strategic and tactical thinking
- Balancing emotional and rational components
- Recognizing behavioral influencers
- Strengthening self-awareness and assertiveness
- Improving team decision processes

## Outline

**Module 1: Foundations of Thought**

- Concepts: clarity, accuracy, logic, fairness
- Thinking patterns with real-life examples

**Module 2: Decision-Making Systems**

- Decision-making models and influencing factors

# Critical Thinking & Effective Decision Making Training

Duration: **1 Day**

BILGINÇ IT Academy
info@bilginc.com
bilginc.com

**Module 3: Emotional vs. Rational Thinking**

- The psychology of decision-making
- Analytical thinking techniques

**Module 4: Strategic vs. Tactical Thinking**

- Long-term vs. short-term planning
- Designing solutions in both scopes

**Module 5: Behavioral Drivers**

- How behavior is formed
- Impact of knowledge, advice, and environment

**Module 6: Goals & Self-Alignment**

- Connecting personal purpose with goals
- Motivational alignment

**Module 7: Decision-Making Techniques**

- Six Thinking Hats
- Brainstorming
- Delphi method

**Module 8: Devil's Advocate Approach**

- Reverse thinking
- Exploring worst-case scenarios
- Benefit-risk visualization