ISO 45001:2018 Implementation Training

Duration: **2 Day**

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Overview

ISO 45001:2018 is the internationally recognized standard for **Occupational Health and Safety Management Systems (OH&S MS)**.
It provides a proactive framework to help organizations create safer workplaces, prevent work-related injuries and illnesses, and continually improve overall safety performance.

This **2-day implementation course** provides you with the practical knowledge and skills needed to establish, implement, and maintain an OH&S Management System aligned with ISO 45001.
Through a **step-by-step approach**, you will learn how to conduct a baseline review, develop an implementation plan, and create the documentation required to ensure compliance and continual improvement.

By the end of the course, you will have the confidence to implement key ISO 45001 principles within your organization — driving better safety outcomes and compliance.

Why This Course

This training bridges the gap between understanding the ISO 45001 standard and applying it effectively. It ensures participants can **translate theory into practice**, resulting in safer, more compliant, and high-performing workplaces.

Key Benefits

Benefit	Description
Practical Implementation	Learn step-by-step how to build and apply an OH&S MS based on ISO 45001
Deep Understanding	Gain clarity on ISO 45001 concepts, structure, and requirements
Workplace Safety Improvement	Strengthen your organization's approach to risk management and safety
Certification Readiness	Build a foundation for successful ISO 45001 certificatio

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Who Should Attend

This course is designed for:

- Health and Safety professionals responsible for OH&S implementation
- Managers, supervisors, and compliance officers
- Individuals preparing their organization for ISO 45001 certification
- Consultants assisting organizations in building OH&S systems

What You Will Learn

Upon completion of this course, delegates will have gained both**knowledge** and **skills** required for successful implementation of ISO 45001:

Knowledge

- Recognize a typical framework for implementing ISO 45001 based on the**PDCA (Plan–Do–Check–Act)** cycle
- Interpret key **concepts and requirements** of ISO 45001 from an implementation perspective
- Identify organizational **benefits** of an effective OH&S Management System

Skills

- Conduct a **baseline review** of your organization's current OH&S practices
- Implement the **key concepts** and **requirements** of ISO 45001
- Develop an implementation plan, establish necessary documentation, and monitor performance

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Outline

Day 1:

- Introduction to ISO 45001 and the high-level structure
- Understanding organizational context and leadership involvement
- Planning for implementation: risk assessment, opportunities, and objectives
- Conducting a baseline review

Day 2:

- Developing and implementing OH&S processes
- Documentation and operational control measures
- Performance evaluation and continual improvement
- Integrating ISO 45001 with other management systems (e.g., ISO 9001, ISO 14001)