Psychological Safety Training

Duration: **2 Day**

BILGINC IT Academy
info@bilginc.com
bilginc.com

Overview

High-performing teams are built not only on technical expertise but also on trust and open communication. Employees who feel safe expressing ideas, asking questions, and sharing concerns are more engaged, innovative, and collaborative. Psychological Safety training helps organizations create inclusive workplace cultures where employees feel valued and supported.

Psychological Safety training offered by Bilginc is designed to help leaders and teams build stronger communication, trust, and collaboration within the workplace.

What is Psychological Safety?

Psychological Safety refers to a work environment where employees feel comfortable expressing opinions, asking questions, and taking risks without fear of embarrassment or negative judgment. A psychologically safe culture improves collaboration, innovation, and overall team performance.

Benefits of Psychological Safety Training

- Improves employee engagement
- Builds open communication cultures
- Strengthens trust within teams
- Enhances leadership capabilities
- Supports collaboration and innovation
- Improves employee experience

Who Should Attend

This training is ideal for:

- Team leaders
- Managers and executives
- HR professionals
- Agile team leaders
- Project managers
- Employee experience and culture management teams

What You Will Learn

During this training, participants will learn how to:

- Understand the principles of psychological safety
- Build trust-based team cultures
- Improve open communication skills
- Increase employee participation and engagement
- Develop empathetic and inclusive leadership approaches

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Outline

1. Fundamentals of Psychological Safety

Explore the concept of psychological safety and its impact on workplace performance.

2. Trust Culture and Communication

Learn strategies for creating open and supportive communication environments.

3. Empathy and Inclusive Leadership

Develop empathetic leadership approaches and inclusive communication techniques.

4. Feedback and Employee Engagement

Understand how constructive feedback and employee involvement strengthen workplace culture.

5. Team Performance and Collaboration

Discover how psychological safety improves motivation, creativity, and teamwork.