Thinking & Problem-solving Techniques Training

Duration: **1 Day**

BİLGİNÇ IT Academy
info@bilginc.com
bilginc.com

Overview

How do we make decisions? What role do emotions, values, and logic play? Especially in high-pressure business environments, how can we improve our problem-solving ability? This training aims to provide participants with practical tools to think critically, decide strategically, and solve problems efficiently.

Participants will learn to balance emotional and rational thinking while applying structured methods in unpredictable and complex situations.

Who Should Attend

- Managers and team leaders
- Professionals in HR, consulting, project management
- Anyone aiming to enhance their decision-making skills
- Employees dealing with complex or fast-paced environments

What You Will Learn

- Coping with uncertainty
- Critical and analytical thinking
- Emotional–rational decision balance
- Reading between the lines
- Developing insightful strategies
- Identifying behavioral patterns
- Making confident, bold decisions
- Learning different decision profiles
- Strategic thinking in complex contexts

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Outline

- **Foundations of Thinking**
  - Relevance, accuracy, fairness, clarity
- **Decision-Making Mechanisms**
  - Mental models and influencing factors
- **Emotional vs. Logical Dimensions**
  - Psychology of choices
- **Strategic vs. Tactical Thinking**
  - Short/medium/long-term decision outlook
- **Behavioral Drivers**
  - Influence of environment and culture
- **You & Your Goals**
  - Alignment between internal motivations and targets
- **Decision-Making Methods**
  - 6 Thinking Hats, Brainstorming, Delphi Technique
- **Game Theory Basics**
  - Strategic behavior in interactive settings
- **Mind Mapping Techniques**
  - Expanding thought with visual tools