Challenge and Resolve Negative Attitudes in the Workplace Training

Duration: **1 Day**

BILGINC IT Academy
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Learn how to address negative behaviors, shift mindsets, and foster a more positive and productive workplace culture.

Negative attitudes in the workplace can impact team morale, productivity, and overall performance. When left unaddressed, these behaviors can spread quickly, creating a challenging environment for both employees and leaders. This course equips participants with the skills and confidence to recognize, address, and resolve negative attitudes effectively and professionally.

You will learn how to identify the root causes of negative behavior, approach difficult conversations with confidence, and apply practical strategies to shift mindsets and improve team dynamics. Through real-world scenarios and actionable techniques, this course helps create a more positive, accountable, and engaged workplace culture.

Who Should Attend?

- Managers and team leaders
- Supervisors
- HR professionals
- Project managers
- Anyone responsible for managing or influencing team behavior

Prerequisites

Willingness to address challenging workplace situations constructively.

What You Will Learn

By the end of this course, you will be able to:

- Identify common causes of negative attitudes in the workplace
- Recognize the impact of negative behavior on team performance
- Address negative attitudes with confidence and professionalism
- Apply strategies to shift mindsets and improve behavior
- Conduct effective and respectful difficult conversations
- Set clear expectations and boundaries for workplace behavior
- Foster a positive and productive team environment

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Training Outline

Module 1. Understanding Workplace Attitudes

- What shapes attitudes and behaviors
- The impact of negativity on teams and performance
- Differentiating between attitude and performance issues

Module 2. Identifying Root Causes

- Common drivers of negative attitudes
- Recognizing underlying issues (stress, disengagement, conflict)
- Avoiding assumptions and bias

Module 3. Addressing Negative Behavior

- When and how to intervene
- Setting clear expectations for behavior
- Maintaining professionalism and objectivity

Module 4. Conducting Difficult Conversations

- Preparing for the conversation
- Using clear and respectful language
- Managing emotional responses

Module 5. Shifting Mindsets and Behaviors

- Coaching techniques for behavior change
- Encouraging accountability and ownership
- Reinforcing positive behaviors

Module 6. Building a Positive Work Environment

- Promoting a culture of respect and accountability
- Recognizing and addressing issues early
- Leading by example

Module 7. Action Planning and Application

- Applying strategies to real workplace situations
- Creating a plan to address current challenges
- Committing to next steps for improvement