Emergenetics: Meeting of the Minds for Teams Training

Duration: **1 Day**

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As organisations embrace hybrid and remote collaboration,**effective communication, trust, and team synergy** have become essential.
Emergenetics®: Meeting of the Minds for Teams is a **highly participative, science-based workshop** that helps teams understand how their thinking and behaviour influence collaboration, productivity, and innovation.

Through the **Emergenetics® profile and model**, participants discover their individual and collective preferences, build stronger communication bridges, and leverage diversity as a strategic strength.

Prerequisites

Participants must complete their **online Emergenetics® questionnaire** before attending the session.

Who Should Attend

This workshop is ideal for:

- **Intact teams** seeking to enhance performance and cohesion,
- **Leaders and managers** developing collaborative cultures,
- Professionals aiming to **improve self-awareness, communication, and teamwork.**

What You Will Learn

By the end of this workshop, participants will be able to:

- Define what “preference” means in behavioural science,
- Explain the origins and scientific foundation of**Emergenetics®**,
- Identify and interpret the **7 core attributes** of the model (3 behavioural, 4 thinking),
- Review their personal profile with facilitator guidance,
- Explore team diversity and how different preferences interact,
- Understand **intent vs impact** in communication,
- Create a **Team Charter** to apply Emergenetics® principles at work.

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Training Outline

Topic 1: What do we mean by 'preference'?

- What do we mean by 'preference' in personality profiling?
- What does it mean to work in and out of your preferences?

Topic 2: The origins of Emergenetics®

- What is the Emergenetics® model and questionnaire and how were they developed?

Topic 3: The behavioral and thinking attributes

- The three behavioral and four thinking attributes that make up the Emergenetics® model.
- Participative activities to explore the attributes in more depth and build greater understanding.

Topic 4: Team Emergenetics® in practice

- Fun, highly interactive activities to explore teamworking using Emergenetics® attributes as a lens.

Topic 5: Analyzing profiles

- Time to review and reflect on your individual Emergenetics® profile with expert facilitator support.

Topic 6: If this room were a brain. . .

- Interactive activities to explore the diversity of behavioural and thinking preferences.
- How our preferences impact our own behavior and others.
- How to best work to your strengths and brilliances.
- Reflecting on the overall team profile and its implications.

Topic 7: Intent vs impact

- How our, and other people's, intentions and actual impact can become misaligned, leading to misunderstandings and conflict.
- How we can ensure that our intent and impact are aligned and understood.

Topic 5: Applying Emergenetics® at work

- Creating a team charter to improve teamworking by applying Emergenetics® insights back in the workplace.