Fundamentals of Leadership Training

Duration: **1 Day**

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Overview

In today's fast-paced and hybrid workplaces, effective leadership requires agility, empathy, and clarity of purpose. This 90-minute interactive session introduces participants to the essential principles of modern leadership—distinguishing management from leadership, building credibility quickly, and motivating teams under pressure. Through short, practical exercises and facilitated discussions, learners will explore how to lead confidently in dynamic environments while fostering collaboration, accountability, and trust. The course delivers actionable insights that participants can apply immediately to strengthen their leadership presence and team impact.

Prerequisites

Participants should have:

- An interest in developing leadership capability, either as a new or aspiring manager.
- A willingness to participate actively in discussions and short exercises.
- No prior leadership training required.

Target audience

This course is designed for:

- Aspiring leaders or professionals transitioning into their first leadership roles.
- New managers seeking a concise and practical introduction to core leadership skills.
- Individuals looking to improve team motivation and collaboration in hybrid or fast-changing workplaces.

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