APM Project Risk Certificate Level 1 Workshop Training

Duration: **2 Day**

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info@bilginc.com
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Every project contains a degree of uncertainty, and that uncertainty creates risk. Managing project risk effectively is widely recognised as one of the major contributors to successful project delivery.

This two-day course explores the benefits of structured project risk management and the core principles that support an effective risk process. Participants examine how risk management should be organised, applied and controlled across projects and wider organisational environments.

The examination syllabus is primarily based on the **APM Body of Knowledge**, the **APM PRAM Guide**, and **BS6079 Parts 1 and 3**.

The Association for Project Management (APM) is one of the UK's leading professional bodies for project management. The **APM Risk Management Qualification** therefore provides a valuable and recognised credential for professionals working in project and programme environments.

Prerequisites

Participants should have:

- A good understanding of project management
- A basic understanding of the fundamental principles of project risk management

The course is particularly suitable for people who:

- Are involved in project risk management at any level
- Hold the APM Project Management Qualification (PMQ), or have a similar level of project management knowledge

There are, however, no formal certification prerequisites for attending the course.

Pre-Course Learning

APM recommends that candidates complete approximately **13 hours of independent study** in addition to the course.

Participants are given a number of preparatory activities designed to improve the learning experience and increase readiness for the examination.

These activities include reading selected sections of the **APM PRAM Guide**, which is normally provided approximately **10 days before the start of the course**.

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Who Should Attend

This course is designed for:

- Professionals involved in project risk management who want a recognised qualification in the discipline
- Individuals with solid project management knowledge who want to deepen their understanding of risk management
- Project team members
- Project managers
- Programme managers
- Risk professionals
- Anyone responsible for applying risk management techniques within projects or programmes

What You Will Learn

By the end of the course, participants will be able to:

- State the key principles of risk management
- Explain the importance of clear risk descriptions and write effective risk statements
- Plan suitable risk reduction actions
- Use a range of techniques to keep the risk management process active
- Apply risk management at project and programme/portfolio level
- Apply quantitative assessment techniques to project schedules

Training Outline

The course uses project scenarios and case studies to connect theory with practical application. Accelerated-learning techniques are also used to help participants retain the concepts and apply them with greater confidence.

Overview of Project Risk Management

- Purpose of project risk management
- Contribution of risk management to project success
- Core risk management principles
- Relationship between risk management and project management

Initiation – Define and Focus

- Starting the risk management process
- Defining the scope of risk activity
- Clarifying objectives and areas of focus
- Tailoring the risk management approach to the project context

Risk Identification

- Identifying potential project risks

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- Understanding risk sources
- Writing effective risk descriptions
- Creating clear and usable risk statements

Qualitative Risk Analysis

- Assessing probability and impact
- Prioritising risks
- Qualitative assessment techniques
- Identifying critical risks

Risk Planning, Assessment and Reporting

- Planning risk responses
- Developing risk reduction actions
- Reviewing risks regularly
- Monitoring and reporting risk information
- Keeping the risk process active

Programme and Corporate Risk Management

- Applying risk management beyond individual projects
- Risk management at programme level
- Portfolio and corporate risk perspectives
- Sharing risk information across management levels

Quantitative Risk Analysis

- Quantitative risk assessment approaches
- Applying quantitative techniques to project schedules
- Assessing the impact of uncertainty on timelines
- Introduction to advanced quantitative risk analysis

Human and Cultural Dimensions of Risk Management

- The influence of human behaviour on risk management
- The role of organisational culture
- Risk awareness
- Communication and engagement
- Behavioural factors affecting risk decisions

Exams and Assessments

APM Risk Certificate Level 1 Examination

The examination takes place at **16:00 on the second day of the course**.

Examination Details

- Duration: **1 hour**
- Closed book

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- 60 multiple-choice questions
- Pass mark: **50%**

Throughout the course, participants work with a wide range of sample examination questions. Exercises and structured question-and-answer sessions are also used to reinforce learning and strengthen examination readiness.

The aim is to ensure participants finish the programme with both a practical understanding of project risk management and strong preparation for the final assessment.