Critical Thinking & Effective Decision Making Training

Duration: **1 Day**

BİLGİNÇ IT Academy
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Overview

Every decision we make shapes outcomes in business and life. However, not all decisions are rational or beneficial. This training provides participants with the tools to analyze situations with a critical mindset, separate emotions from logic when necessary, and make effective, well-founded decisions. It includes hands-on exercises and real-world applications.

Who Should Attend

- Middle and senior-level managers
- Professionals involved in planning and strategy
- Anyone who wants to enhance critical thinking skills

What You Will Learn

- Ability to think critically and logically
- Coping with uncertainty
- Understanding decision-making profiles
- Developing strategic and tactical thinking
- Balancing emotional and rational components
- Recognizing behavioral influencers
- Strengthening self-awareness and assertiveness
- Improving team decision processes

Outline

Module 1: Foundations of Thought

- Concepts: clarity, accuracy, logic, fairness
- Thinking patterns with real-life examples

Module 2: Decision-Making Systems

- Decision-making models and influencing factors

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Module 3: Emotional vs. Rational Thinking

- The psychology of decision-making
- Analytical thinking techniques

Module 4: Strategic vs. Tactical Thinking

- Long-term vs. short-term planning
- Designing solutions in both scopes

Module 5: Behavioral Drivers

- How behavior is formed
- Impact of knowledge, advice, and environment

Module 6: Goals & Self-Alignment

- Connecting personal purpose with goals
- Motivational alignment

Module 7: Decision-Making Techniques

- Six Thinking Hats
- Brainstorming
- Delphi method

Module 8: Devil's Advocate Approach

- Reverse thinking
- Exploring worst-case scenarios
- Benefit-risk visualization