Critical Thinking & Effective Decision Making Training

Duration: **1 Day**

BİLGİNÇ IT Academy
info@bilginc.com
+44 20 3807 0925
+90 212 282 7700

Overview

Every decision we make shapes outcomes in business and life. However, not all decisions are rational or beneficial. This training provides participants with the tools to analyze situations with a critical mindset, separate emotions from logic when necessary, and make effective, well-founded decisions. It includes hands-on exercises and real-world applications.

Who Should Attend

- Middle and senior-level managers
- Professionals involved in planning and strategy
- Anyone who wants to enhance critical thinking skills

What You Will Learn

- Ability to think critically and logically
- Coping with uncertainty
- Understanding decision-making profiles
- Developing strategic and tactical thinking
- Balancing emotional and rational components
- Recognizing behavioral influencers
- Strengthening self-awareness and assertiveness
- Improving team decision processes

Outline

Module 1: Foundations of Thought

- Concepts: clarity, accuracy, logic, fairness
- Thinking patterns with real-life examples

Module 2: Decision-Making Systems

- Decision-making models and influencing factors

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Module 3: Emotional vs. Rational Thinking

- The psychology of decision-making
- Analytical thinking techniques

Module 4: Strategic vs. Tactical Thinking

- Long-term vs. short-term planning
- Designing solutions in both scopes

Module 5: Behavioral Drivers

- How behavior is formed
- Impact of knowledge, advice, and environment

Module 6: Goals & Self-Alignment

- Connecting personal purpose with goals
- Motivational alignment

Module 7: Decision-Making Techniques

- Six Thinking Hats
- Brainstorming
- Delphi method

Module 8: Devil's Advocate Approach

- Reverse thinking
- Exploring worst-case scenarios
- Benefit-risk visualization