ISO 45001:2018 Occupational Health and Safety Management System (OH&S MS) Lead Implementer Course Training

Duration: **4 Day**

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Overview

This **ISO 45001 Lead Implementer Training Course** is designed to equip participants with the skills, knowledge, and confidence to establish, implement, and manage an **Occupational Health and Safety Management System (OH&S MS)** aligned with **ISO 45001:2018**.

The course combines both the **ISO 45001 Requirements** and **Implementation** modules, plus additional practical training on leadership, effective delegation, problem-solving, and motivation — essential skills for successfully embedding a safety management culture across the organization.

By the end of the course, participants will have a deep understanding of the ISO 45001 standard, best practice methods for implementation, and proven management techniques for driving continuous improvement.

Key Benefits

Benefit	Description
Comprehensive Understanding	Deep knowledge of ISO 45001 and PDCA-based implementation
Practical Application	Learn to perform gap analyses and develop project plans
Leadership Skills	Build management and motivational abilities for effective system implementation
Organizational Improvement	Drive long-term occupational health and safety excellence

Bilginç IT Academy is a **recognized official training partner of PECB (Professional Evaluation and Certification Board)**.
Through this partnership, we deliver **globally accredited PECB-certified training programs**, enabling professionals to gain international recognition and practical expertise in areas such as Artificial Intelligence Management, Information Security, Environmental, and Quality Management Systems.
Visit our official PECB partner page here: Bilginç IT Academy – PECB Official Partner

Prerequisites

No formal prerequisites are required, but familiarity with **ISO 45001 principles** or previous experience in **health and safety management** is beneficial.

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Who Should Attend

This course is ideal for:

- Professionals responsible for implementing or maintaining an OH&S Management System.
- Health and Safety Managers, Coordinators, or Supervisors.
- Project managers overseeing ISO 45001 implementation.
- Consultants supporting organizations in achieving ISO 45001 compliance.

What You Will Learn

By completing this course, delegates will be able to:

- Understand what an **Occupational Health and Safety Management System (OH&S MS)** is.
- Explain why ISO 45001 is important and how it benefits organizations.
- Describe the **background, structure, and key concepts** of ISO 45001:2018.
- Interpret ISO 45001 clauses and requirements in the context of implementation.
- Apply the **PDCA (Plan–Do–Check–Act)** cycle for system development and improvement.
- Conduct a **baseline review** and **gap analysis** of the current system.
- Develop project plans, risk assessments, and documentation aligned with ISO 45001.
- Apply leadership skills to lead implementation teams effectively — including:
  - Leading the project
  - Facilitating change
  - Delegation and motivation
  - Using planning and support tools

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Outline

Day 1:

- Introduction to Occupational Health and Safety Management Systems
- Overview of ISO 45001:2018 requirements and framework
- Key terms, definitions, and PDCA structure

Day 2:

- Understanding ISO 45001 clauses in depth
- Gap analysis and baseline review methodology
- Implementation project planning and leadership

Day 3:

- Documentation management and control
- Risk management and hazard identification
- Communication, training, and awareness strategies

Day 4:

- Monitoring performance and evaluating effectiveness
- Continual improvement and corrective actions
- Leadership and motivation in safety culture
- Final implementation review and next steps

You Will Learn How To

- Gain an in-depth understanding of ISO 45001 requirements.
- Confidently apply ISO 45001 within your organization.
- Perform detailed gap analyses and implementation plans.
- Identify what each clause requires for effective compliance.
- Develop and strengthen management skills to **lead the implementation project** successfully.