Agile Project Management Foundation - AgilePM® Training

Duration: **2 Day**

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The **Agile Project Management Foundation – AgilePM®** course is a two-day, APMG-accredited programme designed to provide participants with a solid introduction to the **DSDM Agile Project Management framework**.

Delivered by experienced instructors with practical knowledge of applying Agile project management in real project environments, the course combines essential theory with examination preparation. Participants work through sample questions and receive guidance to help them prepare for the AgilePM® Foundation certification assessment.

The **APMG Agile Project Management Foundation examination** is included as part of the programme.

The course is specifically focused on the DSDM approach to Agile project management.**The Scrum Framework is not covered within this course.**

Candidates planning to take the Foundation examination should allow additional time for individual revision after the first day of training. Evening preparation should include reviewing the course handbook and practising sample examination questions.

The programme can also be arranged as group training at a preferred date and location, subject to availability.

Prerequisites

There are no formal prerequisites for attending this course.

However, previous involvement in project work, particularly within an Agile environment, may help participants relate the concepts covered during the programme to practical situations.

Pre-Course Preparation

Although pre-course study is not mandatory, participants are encouraged to review information available from the **Agile Business Consortium** before attending and begin familiarising themselves with the DSDM framework and its terminology.

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Who Should Attend

This course is suitable for:

- Professionals who want to understand Agile project management
- Project Managers
- Project Coordinators
- Project team members
- Business Analysts
- Business and technology professionals working on Agile projects
- Team leaders who want to understand the DSDM approach
- Candidates working towards AgilePM® Foundation certification

What You Will Learn

By the end of the programme, participants will be able to:

- Understand how to establish and structure an Agile project
- Identify appropriate individuals for Agile project roles
- Define increments and timeboxes to help keep projects on track
- Understand how to manage a Solution Development Team
- Communicate effectively with business stakeholders within a project environment
- Apply Agile techniques to prioritise requirements
- Use DSDM practices to support on-time project delivery
- Identify potential delivery risks in projects managed using the DSDM Agile approach
- Explain the core philosophy, principles, roles, products, and processes of DSDM

Training Outline

What Is Agile and Why Use DSDM?

The course begins by introducing the core characteristics of Agile working and the role of DSDM in Agile project management.

Topics include:

- The meaning of Agile
- Characteristics of Agile working
- Key differences between traditional and Agile project approaches
- The purpose of DSDM
- How DSDM provides structure for Agile project management
- Project environments in which DSDM can be applied

Philosophy, Principles and Project Variables

Participants examine the foundations that guide the DSDM approach.

Topics include:

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- DSDM Philosophy
- DSDM Principles
- Project Variables
- Time
- Cost
- Quality
- Features
- Managing project variables within an Agile environment
- Balancing quality and delivery expectations

Preparing for Success

This section considers the conditions that support successful use of DSDM.

Topics include:

- Assessing whether a project is suitable for an Agile approach
- Organisational conditions for success
- Business involvement
- Team collaboration
- Preparing the project environment
- Identifying potential issues early

Preparing for Agile Project Management

Participants explore the preparation required before beginning Agile project delivery.

Topics include:

- Understanding project objectives
- Identifying business needs
- Establishing an Agile working environment
- Preparing roles and responsibilities
- Aligning project management activities with DSDM

The DSDM Process

This section introduces the DSDM lifecycle and explains how the different stages work together.

Participants explore:

- The DSDM lifecycle
- Relationships between project phases
- Key activities within each stage
- Control and delivery points
- Interaction between business and technical teams throughout the lifecycle

The People: DSDM Roles and Responsibilities

Clear accountability is an important element of successful Agile project delivery.

This section examines:

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- DSDM project roles
- Business and technical roles
- The Solution Development Team
- Project management responsibilities
- Communication between roles
- Authority and decision-making responsibilities

DSDM Products

Participants examine the principal products used within DSDM and the purpose each serves during the project lifecycle.

Topics include:

- DSDM Products
- Relationships between products and lifecycle stages
- Management and solution-focused outputs
- The role of documentation in Agile environments
- Using products to support project control

Key Practices: Prioritisation and Timeboxing

This section focuses on two important DSDM practices.

Prioritisation

Participants explore how requirements can be prioritised according to business value and project needs.

Timeboxing

Learners examine how fixed periods of time can be used to organise work and support predictable delivery.

Topics include:

- Prioritising requirements
- Time-focused delivery
- Establishing timeboxes
- Managing activities within a timebox
- Balancing time, cost, quality, and scope

Planning and Control Throughout the Lifecycle

Agile delivery still requires effective planning and control. This section examines how these activities continue throughout a DSDM project.

Topics include:

- Agile planning
- Lifecycle planning
- Progress monitoring

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- Project control
- Tracking delivery
- Responding to change
- Monitoring project risks

Other DSDM Practices

The course also introduces additional practices that support effective DSDM delivery.

Iterative Development

Developing and improving solutions progressively through repeated cycles and feedback.

Facilitated Workshops

Using structured collaborative sessions to support communication, shared understanding, and decision-making.

Modelling

Using models to represent and communicate business requirements and solution concepts more clearly.

Prototyping

Creating early representations of potential solutions to explore, test, and validate requirements and ideas.