Emergenetics: Meeting of the Minds Training

Duration: **3 Day**

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Overview

In a world where teams increasingly collaborate across hybrid and remote environments,**self-awareness, communication, and team synergy** are more critical than ever.

The **Emergenetics® – Meeting of the Minds** program offers a powerful and interactive framework to help participants understand how **thinking and behaviour preferences** influence communication, collaboration, and performance.

This blended program combines**pre-course eLearning** with a**3-hour facilitator-led workshop**, enabling leaders, managers, and professionals to harness their strengths, appreciate cognitive diversity, and build stronger, more effective relationships.

Prerequisites

Participants must:

- Complete the **Emergenetics® online questionnaire**,
- Finish the **45-minute eLearning module** before attending the session.

Who Should Attend

Designed for:

- **Leaders at all levels** seeking to improve team dynamics and communication,
- **Team members and contributors** aiming to increase collaboration,
- Professionals interested in **self- and social-awareness** for better performance.

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What You Will Learn

By the end of the course, participants will be able to:

- Define “preference” and understand how it affects work style,
- Deepen their knowledge of **Emergenetics® behavioural and thinking attributes**,
- Explore the interaction of different preferences,
- Apply the **intent vs impact** framework in communication,
- Build a **personal dashboard** for continued development,
- Translate insights into improved collaboration and leadership.

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Outline

Online element:

1. Completion of Emergenetics® questionnaire
2. Short e-learning module covering:
    1. About Emergenetics® and the profile
    2. Behavioral attributes
    3. Thinking attributes
    4. Types of profile
    5. The numbers of Emergenetics®

Workshop:

Topic 1: What do we mean by 'preference'?

- What do we mean by 'preference' in personality profiling?
- What does it mean to work in and out of your preferences?

Topic 2: Emergenetics® attributes revisited

- Recap on learning about the behavioral and thinking attributes covered in the pre-course eLearning.
- Participative activities to explore the attributes in more depth and build greater understanding.

Topic 3: If this room were a brain. . .

- Interactive activities to explore the diversity of behavioural and thinking preferences.
- How our preferences impact our own behavior and others.
- How to best work to your strengths and brilliances.

Topic 4: Intent vs impact

- How our, and other people's, intentions and actual impact can become misaligned, leading to misunderstandings and conflict.
- How we can ensure that our intent and impact are aligned and understood.

Topic 5: Summary activity

- A fun, team-based activity to explore the importance of diversity in thinking and behaviour, and to identify how the knowledge from the program can be used to maximise leadership, individual, communication and/or team effectiveness.