Scrum Alliance Introduction to Agile Coaching Micro-credential Training

Duration: **4 Day**

BILGINÇ IT Academy
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Overview

Build the Foundations of Agile Coaching and Develop Your Coaching Mindset

Agile coaching goes beyond teaching frameworks and processes. Successful Agile Coaches combine facilitation, mentoring, leadership, active listening, and continuous learning to help teams and organizations become more adaptive, collaborative, and effective.

The Scrum Alliance Introduction to Agile Coaching Micro-Credential provides a practical introduction to Agile coaching principles, coaching mindsets, ethical practices, and professional development pathways. Participants explore the essential competencies required for Agile coaching while gaining insight into how coaches support individuals, teams, and organizational transformation.

This program offers an excellent starting point for professionals interested in pursuing Agile coaching or expanding their coaching capabilities within existing roles.

Prerequisites

There are no formal prerequisites for this course.

A basic understanding of Scrum or Agile methodologies is recommended to maximize learning outcomes.

Who Should Attend

This course is ideal for:

- Professionals interested in Agile coaching
- Scrum Masters
- Product Owners
- Agile practitioners
- Team leaders and managers
- Individuals developing mentoring and facilitation skills
- Leaders seeking to increase organizational agility
- Professionals supporting innovation, collaboration, and team effectiveness

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What You Will Learn

By the end of this course, participants will be able to:

Understand Agile Coaching

- Define Agile coaching and its purpose
- Explain the value Agile coaches bring to organizations
- Understand the coach's role during Agile transformation initiatives

Explore Agile Coaching Stances

- Identify different coaching approaches
- Apply appropriate coaching stances in various situations
- Distinguish between coaching, mentoring, facilitation, and leadership

Use the Agile Coaching Growth Wheel

- Assess coaching competencies
- Identify strengths and development opportunities
- Create a personal coaching development plan

Strengthen Coaching Presence

- Build trust within teams
- Practice active listening techniques
- Improve awareness and mindful communication

Develop Self-Mastery

- Increase emotional intelligence
- Reflect on personal values and biases
- Strengthen resilience and adaptability

Apply Ethical Coaching Practices

- Understand ethical responsibilities
- Manage conflicts of interest appropriately
- Maintain professional boundaries and integrity

Outline

Module 1: What Is Agile Coaching?

Participants will:

- Explore Agile coaching fundamentals
- Understand how coaches support Agile transformations
- Examine practical coaching examples and scenarios

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Module 2: The Agile Coach

Topics include:

- Agile coaching foundations
- The coach's role in organizational change
- Relationships between coaching, leadership, and facilitation

Module 3: Navigating the Agile Coaching Growth Wheel

Participants will learn how to:

- Use the Agile Coaching Growth Wheel
- Evaluate coaching competencies
- Plan ongoing professional development

Module 4: Coaching Presence

This module focuses on:

- Building trust
- Active listening techniques
- Mindful communication
- Creating psychologically safe environments for teams

Module 5: Self-Mastery

Participants will explore:

- Emotional intelligence development
- Self-awareness practices
- Resilience and self-care strategies
- Habits that support effective coaching

Module 6: Ethical Considerations in Agile Coaching

Topics include:

- Ethical decision-making
- Professional accountability
- Managing conflicts of interest
- Maintaining trust and integrity

Module 7: Case Study and Practical Application

Participants will:

- Analyze realistic Agile coaching scenarios
- Explore common coaching challenges
- Apply coaching techniques in practice situations
- Develop solutions to organizational coaching problems

Key Benefits

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Upon completion, participants will:

- Understand Agile coaching fundamentals
- Develop a personal coaching growth plan
- Improve their ability to support teams and organizations
- Build trust-based coaching relationships
- Strengthen facilitation, mentoring, and coaching capabilities
- Establish a solid foundation for future Agile coaching development